sadhana the inward path pdf
Goal of the Three Streams: The goal of our sadhana or practices is the highest Joy that comes from the Realization in direct experience of the center of consciousness, the Self, the Atman or Purusha, which is one and the same with the Absolute Reality.

Swami J - Yoga Meditation
MunÄ«shwarar is a Hindu God. "Muni" means "saint" and "Äªshwara" represents Shiva. He is worshiped as a family deity in most Shaivite families in Tamil Nadu and Karnataka.

Muneeswarar - Wikipedia
Modern notions of spirituality developed throughout the 19th and 20th century, mixing Christian ideas with Western esoteric traditions and elements of Asian, especially Indian, religions.

Spirituality - Wikipedia
Mandukya Upanishad and Yoga: Twelve Verses on OM Mantra (AUM Mantra article) The pinnacle of the wisdom and practices of the ancient sages of Yoga is contained in the terse twelve verses of the Mandukya Upanishad, which outlines the philosophy and practices of the OM mantra.

Mandukya Upanishad - Swami J
"ALL ABOUT HINDUISM" is intended to meet the needs of those who want to be introduced to the various facets of the crystal that is Hinduism.

All About Hinduism - The Divine Life Society
Glossary of Sanskrit terms. ... A. Abhanavarana: Screening the outshining Bragman; one of the two Avarana Saktis which is removed by Aparoksha Jnana.

Glossary of Sanskrit Terms - Swami Krishnananda
NOT FOR PROFIT. RiverGarden Yoga Center is a Non-Profit Studio. All class proceeds go directly to teachers, studio upkeep and rent. Any leftover funds go toward supporting our community and toward causes that are in alignment with our mission of helping others.

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Preface. This summary is from the book â€œSrimad Bhagavat Gita â€" The Scripture of Mankindâ€• a translation by Rev Swami Tapasyanandaji, published by Sri Ramakrishna Math â€" Chennai.

Bhagavad Gita Summary (Swami Tapasyananda) | Practical
The life, teachings and photos of Sri Nisargadatta Maharaj of Bombay, India's most renowned sage of the nondual advaita wisdom path of the latter 20th century

Sri Nisargadatta Maharaj, Life and Teachings
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